

NOVEMBER NEWSLETTER

NOVEMBER 1ST, 2022



“We often take for granted our Canadian values and institutions, our freedom to participate in cultural and political events, and our right to live under a government of our choice. The Canadians who went off to war in distant

lands went in the belief that the values and beliefs enjoyed by Canadians were being threatened. By remembering their service and their sacrifice, we recognize the tradition of freedom these men and women fought to preserve. They believed that their actions in the present would make a significant difference for the future, but it is up to us to ensure that their dream of peace is realized. On Remembrance Day, we acknowledge the courage and sacrifice of those who served their country and acknowledge our responsibility to work for the peace they fought hard to achieve.”

<https://www.veterans.gc.ca/eng/remembrance/history/a-day-of-remembrance/why>

On Friday, November 11th, we will be honouring, celebrating and remembering those courageous Canadians who fought in the war at two separate assemblies.

Parent-Teacher-Student Conferences: Progress reports will be coming home on Friday, November 18th, 2022. Student-teacher-parent conferences will take place the week of November 21st to the 25th. Families may book their interviews on School Days for available times and dates.

Winter Weather: We have been blessed with another mild fall and some abnormally warm days. The fall leaves were vibrant this year, but with the arrival of November, I fear the winter weather is just around the corner. With the snow comes a happy cheer by children for potential SNOW DAYS. As has been past practice, we will attempt to notify parents of bus cancellations in the morning. School bus cancellations for our area can also be found <http://www.simcoecountyschoolbus.ca> or on



our local radio station 104.1 The Dock. We are considered the North Simcoe Zone. Unless there is extreme weather, the school will remain open for student learning on snow days.

Fire Drills and Lockdown:



Two of our three fall fire drills have taken place, with the students becoming more confident and capable each time.

There will be a lockdown with the OPP at some point in November. In the event of an emergency where students are required to evacuate our building, the kindergarten to grade 3 students will be going to the Penetanguishene Public Library and grades 4-8 will be going to the Huronia Museum.

Grandfather Teachings for the Month of November:



Turtle
Teaches Us
Truth

For the month of November, our school community will be focusing on the grandfather teacher of **TRUTH**.

Truth is represented by the turtle as he was here during the creation of Earth and carries the teachings of life on his back. The turtle lives life in a slow and meticulous manner because he understands the importance of both the journey and the destination.

Upcoming Days of Significance:

Treaties Recognition Week (Nov 1st - 7th): Treaty Education Week is recognized as the first full school week of November. This is a recurring opportunity to intentionally deepen our knowledge and understanding of Treaties, Indigenous perspectives, our collective history, and align with #62 & #63 of the Truth and Reconciliation Call to Action.

National Inuit Day Nov. 7th: A day to honour the vibrant culture and rich history of Inuit communities in Canada and around the world.
National Aboriginal Veterans Day Nov. 8th: Indigenous people in Canada have reason to be proud of their wartime contributions. More than 7,000 First Nations members served in the First and Second World Wars and the Korean War, and an

unknown number of Inuit, Métis and other Indigenous people also participated. One Veterans group estimates that 12,000 Indigenous men and women served in the three wars.

November 16th: Louis Riel Day: As stated by former Métis Nation of Ontario President, Tony Belcourt, "November 16th marks a significant occasion of observance for the Métis Nation. This date gives us an opportunity to bring about an enlightened focus on the significant role and achievements of Louis Riel and the Métis Nation in the building of Canada."

Tiny Forest Academy Trips have begun!



October and November Events:

Throughout the fall, a number of grades 4-8 students participated in cross country running with a big area meet being held at Little Lake Park in Midland. A handful of runners advanced to the county meet at Mt. Saint Louis. Congratulations to all athletes! Girls basketball and boys volleyball is also underway for grades 7-8 students, and they are so excited to compete against other schools. Some classes have attended their first field trips to Chappell's farm and/or Forest School. (K-2) Other classes have gone to the Orillia



Cultural Centre to see a dance and jazz

performance. (7,8) Grade 5 and 5/6 had an evening under the night sky where Cosmic Connections came to the school and spoke about Earth to the Deep Universe - Different Orbits and Nebula. What a fun-filled couple of months!

Parent-Teacher-Student Interviews: Progress reports will be coming home on November 18th, and parent-teacher interviews will be held the week of November 21st -25th. Please check School Days to book your interview times.



FALL into Healthy Habits

We support our mental health and well being when we:



- Get outdoors and enjoy nature
- Move, run, dance, play
- Sleep (kids need 10 hours, adults need 8)
- Practice Gratitude, think of 3 things that you're grateful for daily
- Acts of Kindness, good for you and those you are kind to;

[The Benefits of Kindness: Helping our Kids Harness the Superpower of Kindness | Kelty Mental Health](#)

LOCAL SUPPORTS:

-See your family doctor

-Mental Health Support for youth and families still available virtually for more info check out: [Quick Access Child and Youth Mental Health Clinic](#)

-Kinark Child and Family Mental Health Services: [Community-Based Child and Youth Mental Health](#)

-Students age 12+ can access service at the HUB: [North Simcoe - Youth Wellness Hubs Ontario](#)

-Check in with your mental health lead, Christy Hamill, or the school social worker Heather Johnston, hjohnston@pssbp.ca

HIGHLIGHTS:

- New VIDEO resources on supporting childrens' mental health for parents: [By Your Side - Video Series - School Mental Health Ontario](#)

-NSYWH The HUB - is awesome now has a van to help youth (age 12+) access services. <https://youthhubs.ca/en/sites/north-simcoe/>

-SIBSHOPS: Partnership with Catulpa Community Support & Children's Treatment Network: (NOV 15, 22, 29, 4-6pm) Groups for youth ages 7-13 who have a sibling with challenges such as disabilities or

developmental needs. Contact Nancy; Call 705-526-6894 ext 2097, nwright@catulpa.on.ca

GREEN PODS:

Our Green Pods Club is looking for spring bulb donations for our school gardens. If you are able to help out, please contact Mrs. Rodaway croday@pssbp.ca. Thanks!!



TECHNOLOGY UPDATES:

Google Suite for Education (G Suite) - Burkevale school uses Google GSuite for Education and is fortunate to have a variety of subscriptions to websites for school and home use. To login to your child's GSuite account follow the steps in [this video link](#). (**Security note:** If you use the Google Chrome browser at home but do not have a google account linked to it but have added bookmarks to the browser these may sync to your child's account...double check this before linking the account and either delete the bookmarks or create a personal Google Account first). Once they link to their GSuite school account any bookmarks, usernames and passwords for the programs they use in class should be synchronized. Many teachers will also provide usernames and passwords that may be needed as well via Seesaw, Google Classroom or by physical notes. If you have any questions please contact your classroom teacher. For a more extensive list of websites available for students visit our [Learn@Home link](#) and for additional parent resources visit our [Parent Resource Link](#). Our rollable Makerspace carts are up and running and students couldn't be more thrilled. Thanks, Mr Kent!

KINDNESS MATTERS:

At Burkevale, we are striving to institutionalize kindness! Did you know that one smile can have a positive impact on 30 people? Did you know that scientific research shows that the more we consistently display kindness, the more positive the impact on one's well being? It also helps to reduce stress!! If we know that putting kindness into action can transform individuals, schools and communities, we need to ACT. Our goal is to spread kindness in our classrooms, homes, school and community. Please be a part of our Kindness Club. Kindness is contagious and we want it to spread like wildfires!



[The Benefits of Kindness: Helping our Kids Harness the Superpower of Kindness | Kelty Mental Health](#)

